

20%
OFF
FOOD

CaRumBar

EAT ★ VIBES ★ IRIE



Enjoy 20% off your food bill with this flyer when dining with us at our laid-back Jamaican restaurant on Howard Street, Bedford during the below times.

Wednesdays 1.30pm to 5pm
Thursdays & Fridays 12 to 5pm

Carum Bar

EAT ★ VIBES ★ IRIE

FOLLOW US @CARUMBARUK

Enjoy a taste of paradise,
our freshly prepared Caribbean
cuisine is dancing with flavour
and made with love n' devotion.

Be Homely



Our enchanting food is available to enjoy at home,
either collect from us or sit back and let it be delivered.

Catering N' Ting

Did you know... we also cater for private parties.
Get in touch info@carumbar.co.uk

LIKKLE BITES

Choose 4 or more and get free Slaw

Fried Wings <small>Contains Mustard, Gluten, Dairy, Celery</small>	£7.00
Jerk Wings <small>Contains Mustard, Celery</small>	£7.00
BBQ Wings <small>Contains Mustard, Celery</small>	£7.00
Ackee & Saltfish <small>Contains Mustard, Fish, Celery</small>	£10.50
Callaloo & SweetPepper (vg) <small>Vegan, Contains Mustard, Celery</small>	£10.00
Saltfish Fritters <small>Contains Mustard, Fish, Gluten, Celery</small>	£6.95
Sweetcorn Fritters (vg) <small>Contains Mustard, Gluten, Celery</small>	£6.95



SIDES

RiceN'Peas (vg) <small>Contains Mustard, Celery</small>	£6.50
White Rice (vg) <small>Contains Mustard, Celery</small>	£5.95
Chips (vg) <small>Gluten Free, Contains Celery</small>	£4.00
Reggae Reggae Chips (vg) <small>Gluten Free, Contains Celery</small>	£4.50
Fried Dumpling (vg) <small>Contains Gluten, Celery</small>	£3.00
Spicy Avocado & Tomato Salad (vg) <small>Contains Soya, Sesame, Sulphites, Celery</small>	£4.50
CaRumBar Slaw (v) <small>Contains Dairy, Mustard, Celery</small>	£3.80
CaRumBar Steamed Cabbage (vg) <small>Contains Mustard, Celery</small>	£4.50
Corn on Cob (vg) <small>Contains Mustard, Celery</small>	£3.00
Plantain (vg) <small>Contains Mustard, Celery</small>	£3.50

BURGER SHACK

Served with Chips

Add Slaw £2.50	
Add Plantain £2.50	
Add Cheese 50p	
CaRumBar Jerk Burger <small>Contains Soya, Sesame, Gluten, Dairy, Celery, Mustard</small>	£15.95
CaRumBar Fried Chicken Burger <small>Contains Soya, Sesame, Gluten, Dairy</small>	£15.95

SHARING SNACK SHACK

Ideal for sharing round the table

Sharing Loaded Cheese Nachos Add Jerk Chicken £3.95 <small>Contains Mustard, Gluten, Dairy, Soya, Celery</small>	£10.50
Sharing MacN'Cheese (v) <small>Contains Gluten, Mustard, Dairy, Celery</small>	£8.95
Jerk Chicken Skewers <small>Contains Mustard, Celery</small>	£10.50
Jerk Pork Skewers <small>Contains Mustard, Celery</small>	£10.50
CaRumBar Sweet & Spice Prawns <small>Contains Fish, Shellfish, Soya, Sesame, Celery</small>	£10.95

WINGS

12 wings	£13.95
20 wings	£18.95

Choose from:
BBQ Mustard, Celery
Jerk Mustard, Celery
Fried Gluten
Carumbar Fire

SALAD SHACK

Served with our dressing and avo

Boneless Jerk Chicken Salad <small>Contains Mustard, Celery, Soya, Sulphites</small>	£15.00
Jerk Pork Salad <small>Contains Mustard, Celery, Soya, Sulphites</small>	£15.00
Spicy Avo, Tomato & Plantain Salad (vg) <small>Contains Mustard, Celery, Soya, Sulphites</small>	£15.00

PIT-STOP MEALS

Each served with your choice of:
RiceN'Peas / White Rice / Chips /
MacN'Cheese

Add Slaw £2.50	
Add Plantain £2.50	
Add Slaw & Plantain £4.50	
Jerk Chicken Quarter <small>Contains Mustard, Celery</small>	£17.50
Jerk Chicken Boneless <small>Contains Mustard, Celery</small>	£17.95
Jerk Pork <small>Contains Mustard, Celery</small>	£17.50
Ackee & Saltfish <small>Contains Mustard, Celery</small>	£17.50
Chickpea Curry (vg) <small>Contains Mustard, Coconut, Celery</small>	£16.95
Stewed Chicken <small>Gluten Free, Contains Celery, Mustard</small>	£17.00
Curry Goat <small>Contains Mustard, Soya, Celery</small>	£18.50
Oxtail (Fri & Sat only) <small>Contains Mustard, Celery, Soya</small>	£18.95
CaRumBar Stylee Fish of the Day <small>Contains Fish, Celery</small>	£19.50
Callaloo & Saltfish <small>Gluten Free, Contains Fish, Celery, Mustard</small>	£17.50
Callaloo & SweetPepper (vg) <small>Vegan, Gluten Free</small>	£16.95

KIDS MENU 8s and Under

Served with a Squash drink and your choice of:
RiceN'Peas / White Rice / Chips

MacN'Cheese (v) <small>Contains Gluten, Mustard, Dairy, Celery</small>	£8.00
Chicken Strips <small>Contains Gluten, Dairy, Celery, Mustard</small>	£8.00
Chickpea Curry (vg) <small>Contains Mustard, Coconut, Celery</small>	£8.00
Stewed Chicken <small>Gluten Free, Contains Celery, Mustard, Soya</small>	£8.00

COMBO MEALS

Plenty to share round for everyone. Ideal for group get-togethers.

PIT-STOP COMBO

Choose three dishes plus
RiceN'Peas, and Salad

1 Person	£23.95
2 People	£46.95
4 People	£88.95

Choose Three

- Curry Goat**
Contains Mustard, Soya, Celery
- Chickpea Curry (vg)**
Contains Mustard, Coconut, Celery
- Jerk Chicken**
Contains Mustard, Celery
- Stewed Chicken**
Gluten Free, Celery, Mustard
- Curry Chicken**
Gluten Free, Contains Celery, Mustard, Soya
- Oxtail (Fri & Sat only) +£2pp**
Contains Mustard, Soya, Celery
- Fish of the Day +£2.50pp**
Contains Fish, Celery

MEAT COMBO

All of the below plus
RiceN'Peas, and Salad

1 Person	£23.95
2 People	£46.95
4 People	£88.95

Jerk Chicken Quarter
Contains Mustard, Celery
Make it boneless £2.50pp

BBQ Wings
Contains Mustard, Soya, Celery

Jerk Wings
Contains Mustard, Celery

Fried Wings
Contains Mustard, Dairy, Gluten, Celery

CaRumBar Slaw (v)
Contains Dairy, Mustard, Celery

Plantain (vg)

VEGAN COMBO

All of the below plus
RiceN'Peas, and Salad

1 Person	£23.00
2 People	£44.50
4 People	£86.00

Ackee & Sweet Pepper (vg)
Contains Mustard, Celery

CaRumBar Steamed Cabbage (vg)
Contains Mustard, Celery

Chickpea Curry (vg)
Contains Mustard, Coconut, Celery

Sweetcorn Fritters (vg)
Contains Mustard, Gluten, Celery

Spicy Avocado & Tomato Salad (vg)
Contains Soya, Sesame, Sulphites, Celery

Corn on Cob (vg)
Contains Mustard, Celery

SEAFOOD COMBO

24 hours notice required
All of the below plus
RiceN'Peas, and Salad

1 Person	£46.50
2 People	£80.00

Prawns
Contains Fish, Crustaceans, Mustard, Soya, Molluscs, Celery, Gluten

Mussels
Contains Fish, Crustaceans, Mustard, Soya, Molluscs, Celery, Gluten

Crab Claws
Contains Fish, Crustaceans, Mustard, Soya, Molluscs, Celery, Gluten

Lobster Tail
Contains Fish, Crustaceans, Mustard, Soya, Molluscs, Celery, Gluten

Corn on Cob (vg)
Contains Mustard, Celery

(v) = vegetarian (vg) = vegan

Allergens - The following ingredients are present in our kitchen: celery, mustard, soya, dairy, sesame, coconut milk, gluten, sulphites. Although we endeavour to limit cross contamination wherever possible, please let a team member know if you have any food allergies or special dietary requirements.

GROUP MENU

Plenty of everything for everyone. Ideal for group get-togethers.

(v) = vegetarian

Allergens - The following ingredients are present in our kitchen: celery, mustard, soya, dairy, sesame, coconut milk, gluten, sulphites. Although we endeavour to limit cross contamination wherever possible, please let a team member know if you have any food allergies or special dietary requirements.

PIT-STOP COMBO

Choose 3 dishes plus RiceN'Peas, and Salad

4 People £88.95

Choose Three

Curry Goat

Contains Mustard, Soya, Celery

Chickpea Curry (v)

Contains Mustard, Coconut, Celery

Jerk Chicken

Contains Mustard, Celery

Stewed Chicken

Gluten Free, Contains Celery, Mustard

Curry Chicken

Gluten Free, Contains Celery, Mustard, Soya

Oxtail (Fri & Sat only) +£2pp

Contains Mustard, Soya, Celery

Fish of the Day +£2.50pp

Contains Fish, Celery

MEAT COMBO

All of the below plus RiceN'Peas, and Salad

4 People £88.95

Jerk Chicken Quarter

Contains Mustard, Celery

Make it boneless £2.50pp

BBQ Wings

Contains Mustard, Soya, Celery

Jerk Wings

Contains Mustard, Celery

Fried Wings

Contains Mustard, Dairy, Gluten, Celery

CaRumBar Slaw (v)

Contains Dairy, Mustard, Celery

Plantain (v)

VEGAN COMBO

All of the below plus RiceN'Peas, and Salad

4 People £86.00

Ackee & Sweet Pepper (v)

Contains Mustard, Celery

CaRumBar Steamed Cabbage (v)

Contains Mustard, Celery

Chickpea Curry (v)

Contains Mustard, Coconut, Celery

Sweetcorn Fritters (v)

Contains Mustard, Gluten, Celery

Spicy Avocado & Tomato Salad (v)

Contains Soya, Sesame, Sulphites, Celery

Corn on Cob (v)

Contains Mustard, Celery

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